

HELP STOP THE SPREAD of **GERMS**





Avoid close contact with people who are sick.

Cover your cough or sneeze with a tissue.



Avoid touching your eyes, nose, & mouth.



Clean and disinfect frequently touched objects & surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap & water for at least 20 seconds.

For more information visit: www.cdc.gov/coronavirus/2019-ncov



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