



**FRIDAY, FEBRUARY 7, 2020**  
**NATIONAL WEAR RED DAY**

Let's Unite to prevent heart disease and stroke by lighting the San Diego Skyline **RED!**

Join us as the nation comes together igniting a wave of red from coast to coast. From landmarks to news anchors and neighborhoods to online communities; this annual groundswell unites millions of people for a common goal: The eradication of heart disease and stroke.

Heart disease and stroke cause 1 in 3 deaths among women each year – this means women are dying at the rate of one every 80 seconds!

With your support, we can light the San Diego skyline **RED** to bring awareness to our #1 killer – Heart Disease.



**HELP US LIGHT SAN DIEGO RED!**

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**Light the exterior of your building red, wrap trees in red lights, use red in your fountains, use red floodlights, and put "Go Red for Women" on your outside signs and windows**

**WEAR RED!**

**Host a Wear Red Day fundraiser online, in-store shops and at restaurants**

**Set up a personal fundraiser online by visiting [SDGoRedLuncheon.heart.org](http://SDGoRedLuncheon.heart.org)**

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**Celebrate with us as we watch the city GO RED!**

**Friday, February 7, 2020**

**US GRANT**  
**326 Broadway**  
**6:30 PM**

**QUESTIONS?**

**CONTACT**  
**DANIELLE LANE AT**  
**(858) 410-3842**

American Heart Association.



Go Red For Women is nationally sponsored by

